



YOGAWITH.FLAVIO

WEEKLY COLLECTIVE CLASS SCHEDULE

MONDAY

10am Harmony Meyrin - Vinyasa
12.30pm Harmony Gland - Vinyasa

WEDNESDAY

10am Harmony Eaux-Vives - Morning Flow
14pm Harmony Versoix - Vinyasa/Ashtanga
5.30pm Harmony Eaux-Vives - Vinyasa/Ashtanga

FRIDAY

SATURDAY

11am Harmony Meyrin - Vinyasa/Ashtanga (1h30)

TUESDAY

12.15pm Harmony Veyrier Vinyasa
7pm Milkhouse Yoga (Laiterie de Sézégnein) - Flow

THURSDAY

9.15am Harmony Versoix - Morning Flow

SUNDAY

9.30am Harmony Veyrier - Hatha
10.30pm Harmony Veyrier - Power Yoga
6.30pm Milkhouse Yoga (Laiterie de Sézégnein) - Flow

*Les cours peuvent varier selon les semaines; pour plus d'informations, n'hésitez pas à me contacter

